

U14 GENERAL INFORMATION

FOR MOOSE JAW PLAYERS

Players Born Between 2009 – 2010: 12 – 13 year old as of Dec. 31 of the current year.
For exemptions check Rules and Regulations

Weight Restrictions: Ball carry weight 140lbs, Offensive Line weight, over 165lbs

Program Duration: August 15th till the end of October

Travel: May travel to Assiniboia, Estevan, Moosomin, Swift Current, Weyburn or Yorkton or other centers depending on who joins the league in 2022

Equipment Pick Up: August 17th @ Elks Field from 6:00-8:00pm

Equipment Provided: Helmet, Shoulder Pads, Pants / Pads, Mouth Guard, Jersey's

New U14 Player Evaluations: August 15th 7:30-8:30pm

Practices Begin: August 22nd

Practice Location: KMJMF Football facility at McDonald Park (Flats)

Practice Days & Times: Are determined by the teams Head Coach

First Two Weeks of Practice: Teams can practice 5 times a week

After First Game: Teams can practice 4 times a week, usually Mon-Fri

Season Begins: September 4th – Opening weekend in Moose Jaw

Games: 1 to 2 games a week depending on schedule

Game Schedule: Thursday – Sunday. Can change if short week needed

MJ Game Location: Elks Field or MacDonald Field (TBD)

Equipment Return: Week following final game of season